

DAYTIME MENU

All our ingredients are locally sourced where possible and all dishes are lovingly hand-made.

DAILY SPECIALS AVAILABLE ON CHALK BOARD

LIGHT BITES

Soup of the day (see specials board) (V) £3.50
Served with crusty bread

Bread and olives (V) £2.95
Herberts Bakery bread selection with marinated green and black olives oil and balsamic vinegar
Add hummus for £1

Pannini £3.50
Bacon, brie and cranberry
Mozzerella, tomato and basil pesto (V)
Cheddar, home cooked ham and dijon mustard
Roasted vegetables and hummus (V)

Chargrilled steak ciabatta £4.95
4oz steak cooked to your liking with sautéed red onions and dijon mustard in a ciabatta roll.

Sausage sandwich £3.95
Pork and leek sausage with a red onion chutney

BLT £3.50

Smoked bacon, plum tomato, crisp leaf and mayonnaise

Fish finger sandwich £3.95
100% cod fish finger with lime and coriander mayonnaise

Sandwiches come on either white or granary bread served with dressed leaves

Poached salmon and sweet potato fishcake £3.95
Served with salad and lime and coriander mayo

Lamb kofta £4.95
Fresh minced lamb seasoned with chilli, mint and cumin, grilled and served with dressed leaves, pita bread and a mint yoghurt dip

Char grilled chicken and bacon ciabatta
Served with red pepper mayo and dressed leaves.

Add a bowl of home made chips to your order for only £1.00

Bowl of home made chips £1.95

BRUNCH

Soft boiled eggs & toasted soldiers £2.50

Scrambled eggs and grilled tomato on toast £3.25
Add bacon for £1

White Bear English breakfast £6.50

SALADS

Goats cheese salad (V) £6.95
Honey glazed grilled goats cheese, toasted pine nuts & semi-dried tomato salad with a sweet balsamic dressing

Poached salmon salad £7.25
Poached Scottish salmon, semi dried tomatoes, marinated olives, lemon herb dressing

Marinated cajaun salad £7.50
Served with crisp green beans, garlic croutons and roasted cherry tomatoes

BURGERS

Handmade burgers, chargrilled to order and served in a ciabatta roll with red onion chutney fat chips, salad and homemade sun dried tomato ketchup

8oz handmade
West Country beef burger £6.50
With vintage cheddar and chorizo £7.50
Stilton and smoked bacon £7.50

Whole corn fed
chicken breast burger £6.50
With Vintage Cheddar and smoked bacon £7.50

Homemade Spicy bean burger (V) £5.95
With Stilton or Cheddar cheese £6.95

Please note: all our meals may contain traces of nuts.
Please inform a member of staff if you have any allergies.

